



## SANDPLAY THERAPY TRAINING : SEVEN INTENSIVE MODULES

COMPLETION OF ALL COMPONENTS OF THE TRAINING:

prerequisite introductory workshop, and all seven training modules – provides  
100 hours toward Sandplay Therapy certification with ISST or Sandplay Practitioner status with CAST.

Review all other requirements here <https://www.sandplaycanada.ca/two-training-streams/>

**2023**

**Modules 1 - 7**

**2 days each**

**Modules 1,2,3:**

**virtual**

**Modules 4-7:**

**tbd**

**Prerequisite** for 1st module:

Minimum 12 hours in-person or  
online training

**Participation** in each subsequent  
module requires completion of  
previous module(s)

**Module 1: May 28-29**

**Module 2: June 25-26**

**Module 3: July 9-10**

**Module 4:**

**September 10-11**

**All Modules:**

**Sunday & Monday**

**9-12pm, and 2-5pm**

**Eastern Time**

**(12 hours Mods 1-6,**

**16 hours Module 7)**

**Module 5:**

**October 15-16**

**Module 6:**

**November 5-6**

**Module 7:**

**December 3-4**



*“Often the hands will solve a mystery that the intellect has struggled with in vain”*

- CARL JUNG

### INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the  
International Association for  
Analytical Psychology (IAAP),  
recognizing Sandplay’s  
theoretical foundation in Jungian  
psychology.

visit [www.isst-society.com](http://www.isst-society.com)

### CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member  
of the International Society for Sandplay  
Therapy (ISST) since 1998. Our faculty is  
comprised of Teaching Members authorized  
by CAST and ISST to offer training,  
supervision and advising, leading to  
certification with ISST.

visit [www.sandplaycanada.ca](http://www.sandplaycanada.ca)

### CAST MEMBERSHIP BENEFITS

- Connecting with Canada’s Sandplay community
  - Discounts for training and conferences
  - Member newsletters
  - CAST Online support group
- NOTE: Ongoing membership in CAST is required for certification candidates.

**Please note:**

- **Completion of the introductory workshop(or other 12-hour training) is a prerequisite for attending the intensive virtual modules (Contact us prior to registration for the modules if you do not meet this prerequisite - a workshop may be offered prior to the modules to allow you to meet this requirement).**
- **Participation in each successive intensive modules requires completion of the previous modules, unless there are exceptional circumstances.**
- **Completion of all components – workshop and the virtual intensives – provides 100 hours toward Sandplay Therapy certification.**

## **SERIES OF INTENSIVE MODULES VIA VIRTUAL TRAINING**

We are pleased to announce a unique opportunity to further your Sandplay Therapy training through virtual learning – **available only for the duration of 2023**. Due to the pandemic, the International Society for Sandplay Therapy has approved credit for **all virtual training hours** earned during 2023 (exceeding the current maximum allowable 20 hours).

While virtual learning has its challenges, there are also advantages: no need to travel nor find accommodations, the opportunity to work from the comfort of your personal work-space, and the chance to build your Sandplay skills safely during the current pandemic.

Olga and Maria will share the teaching most suited to the time zone of their locations, such that Olga facilitates the morning program and Maria facilitates the afternoon program.

All handouts and training materials are provided virtually.

The program will use the Zoom meeting platform.

### **Modules 1 through 7:**

- Virtual Training (2 days, 12 hours each + 4 additional hours Module 7 via symbol assignment individual work = 88 hours in total)
- Each Module – Sunday & Monday: 9-12pm and 1:30-4:30pm Eastern Time / or 9:30-12:30 and 2:00-5:00 tbd if participants are joining from the western provinces.

## Requirements for Attendance

### Prerequisites for Module 1:

1. Minimum 12 hours in-person or online training, e.g. Introductory Workshop
2. Submission of CAST Level I Training Application **no later than May 15** (to Maria and Olga) - Application form is available at <https://www.sandplaycanada.ca/program-overview/>, bottom of webpage.

### Prerequisites for Module 3:

1. Completion of previous module (some exceptions allowed)
2. Submission of CAST Level II Training Application (and narrative, if pursuing Certification Stream) **no later than June 30** (to Maria and Olga, who will provide you with this Application Form)
3. Acceptance to Level II requires membership in CAST – **due June 30, 2023**, \$150 payable online and valid through December 31, 2023

### Prerequisites for subsequent Modules:

1. Completion of previous modules (some exceptions allowed)
2. Completion of a between-module symbol assignment

## INSTRUCTORS

**Maria Iosue and Olga Lipadatova co-teach the virtual training modules.**

**Introductory Workshops may be taught by one or both instructors.**

### **Maria Iosue**

(MSW/RSW, MA Soc)

**CAST and ISST** Certified Sandplay Therapist and Senior Teacher-Supervisor, and a registered clinical social worker. Currently in private practice in Toronto, she also offers personal Sandplay process to therapists in training. Maria has provided mental health services in a southern Ontario hospital to children and families, where she integrated creative therapies, including Sandplay, into her practice. She has trained and supervised on Jungian Sandplay in Canada and internationally, and has written for the Journal of Sandplay Therapy. Maria has also been an Instructor at Ryerson University in a collaborative educational program for First Nations social work practitioners. She is a past president and board member of CAST.

[maria@mariaiosue.ca](mailto:maria@mariaiosue.ca)  
905.771.5211

### **Olga Lipadatova**

(PhD, ATR) Registered Psychotherapist with CRPO

**CAST and ISST** Certified Sandplay Therapist and Senior Supervisor and Teaching Member. Olga holds a Master's degree in ART Therapy from Concordia University, Quebec. She is the recipient of a federal grant for her doctorate research at Concordia University with its focus on Sandplay Therapy. Since 2003, Olga worked in mental health and community organizations, and in private practice as a psychotherapist, Sandplay Therapist, and Art Therapist. She has published, presented at various national and international conferences. Olga teaches Sandplay Therapy and also provides supervision and Sandplay process to trainees in Canada and abroad.

[olgalipadatova@gmail.com](mailto:olgalipadatova@gmail.com)

# TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalfjian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist. The program includes, but is not limited to:

## • History and development of sandplay

Major influences on Kalfff; elements of sandplay in traditions of healing; therapist as a non-intrusive witness; silence/non-silence; the hands as knowers; observation strategies; cultural considerations.

## • Developmental psychology and its relation to sandplay

Emphasis on attachment dynamics, affect regulation and development of the self; developing a capacity for free-flowing play; psychological development as expressed through sandplay.

## • First sandpictures

Chaos and order; containment; ordering elements; movement and energy patterns; polarities in the tray; centering; looking for themes; what first pictures can tell us about the process.

## • Jungian psychology and sandplay

Relevant terms and dynamics; vertical and horizontal dimensions; inner and outer worlds; relational aspects; relationship of sandplay to other modalities for expression of unconscious material.

## • Symbols and symbolic process



The nature and role of archetypes in deep psychological work; personal and cultural associations to symbols.

## • The Mother archetype / the feminine and sandplay

Models of Jung, Neumann, and others; characteristics, imagery, and cultural examples.

## • The Father archetype / the masculine and sandplay

Models for understanding; personal and archetypal symbolism; cultural influences and attitudes.

## • Masculine and feminine

Relationship to Mother and Father archetypes; models of development; neuroscience, attachment and sandplay.

## • The Child archetype

Exploration of imagery; different child archetypes: inner child; abandoned child; divine child.

## • The Self in sandplay, myth and fairytales

Self as organizing principle of the psyche; manifestations in sandplay, myths, and fairytales.





## REGISTRATION

### Important

Module registration is limited to those who are committed to attending the complete series of trainings to achieve 100 didactic hours.

Confirmation that the program will go ahead depends on sufficient registration.



### Cost per module

**Module 1:** \$390 (non-members), \$360 (CAST members, it is optional to join at this point)  
**Plus:** additional one-time Admin fee \$50  
**TOTAL =** \$440 (non-members), \$410 (CAST members)

**Module 2:** \$390 (non-members), \$360 (CAST members, it is optional to join at this point)

**Modules 3 through 6:** \$360 (CAST Members fee will apply to all registrants as CAST membership is required at this point)

**Module 7:** \$420 (participants are earning 4 additional training hours this module)

### Payment structure and options

Full payment per module is due a minimum of two weeks in advance of each module.

Payment options:

- 1) e-transfer to [treasurer@sandplaycanada.ca](mailto:treasurer@sandplaycanada.ca);
- 2) payment online through Paypal (debit or credit card).

### To register

- Complete the online registration form(s).
- Submit Level I Application Form & CV.
- Make timely payment.

