



TWO-DAY INTRODUCTORY VIRTUAL WORKSHOPS – APRIL AND MAY

FOLLOWED BY 5 INTENSIVE TRAINING MODULES 2025 - 2026

Completion of all components – workshop and the intensives – provides 100 hours toward Sandplay Therapy certification with both CAST and ISST, or Sandplay Practitioner status with CAST

2025 Virtual Introductory Workshops

May 25 & 26
Sunday & Monday /
August 24 & 25
Sunday & Monday /
(2 days – 12 hours)

Of the Total 100
Hours of training:

50 hours virtual
50 hours In-person

Virtual Training

Modules # 2, 3, 4
3 12-hour Modules
2-days: Sunday & Monday
Mod 2 - Fall, 2025
Mods 3 & 4
Winter & Spring, 2026

In-Person Training (1)

Module #1: 3-days
(Sun, Mon, Tues)
Fall, 2025
North York, ON
DVP & Lawrence



**Intensive Modules
2025-2026**
**See our website
for more information**

In-Person Training (2)

Module #5: 4-days
(Sun, Mon, Tues, Weds)
Spring, 2026;
North York, ON
DVP & Lawrence

"Often the hands will solve a mystery that the intellect has struggled with in vain"

- CARL JUNG

INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay's theoretical foundation in Jungian psychology.
visit www.isst-society.com

CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.
visit www.sandplaycanada.ca

CAST MEMBERSHIP BENEFITS

- Connecting with Canada's Sandplay community
- Discounts for training and conferences
- Member newsletters

NOTE: Ongoing membership in CAST is required for training candidates.

Please note:

- **No prior experience is required to attend the two-day workshop.**
- **Participation in the intensive modules requires completion of the two-day workshop as a prerequisite, unless there are exceptional circumstances.**
- **Completion of all components – workshop and the intensives – provides 100 hours toward ISST Sandplay Therapy certification., or CAST Sandplay Practitioner status.**

TWO-DAY INTRODUCTORY VIRTUAL WORKSHOP

This workshop is intended for professionals already practicing in the field, offering an opportunity to learn the fundamentals of Jungian Sandplay Therapy.

Participants will:

- Learn the history and development of Sandplay Therapy founded by Dora Kalff and how it may differ from other approaches to sand and miniatures
- Be introduced to basic concepts of Jungian theory
- Engage experientially in hands-on learning modified for video conferencing environment
- Review Sandplay case material
- Consider the role of the therapist in relation to Kalff's framework, the *Free and Protected Space*
- Discuss the Sandplay collection and practical aspects of the practice
- Learn about the certification process and requirements of the International Society for Sandplay Therapy (ISST), as provided by the Canadian Association for Sandplay Therapy (CAST). And learn about CAST's Sandplay Practitioner training stream.

After attending this 12-hour weekend programme, participants can further their studies through application to CAST's intensive training program consisting of several Modules and covering the learning outlined below. The 12 introductory training hours will count toward the required 100 hours of didactic training.

The additional components of certification or practitioner status are outlined on our website, and will be reviewed in detail during the workshop.

TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalfjian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist. The program includes, but is not limited to:

- **History and development of sandplay**

Major influences on Kalfff; elements of sandplay in traditions of healing; therapist as a non-intrusive witness; silence/non-silence; the hands as knowers; observation strategies; cultural considerations.

- **Developmental psychology and its relation to sandplay**

Emphasis on attachment dynamics, affect regulation and development of the self; developing a capacity for free-flowing play; psychological development as expressed through sandplay.

- **First sandpictures**

Chaos and order; containment; ordering elements; movement and energy patterns; polarities in the tray; centering; looking for themes; what first pictures can tell us about the process.

- **Jungian psychology and sandplay**

Relevant terms and dynamics; vertical and horizontal dimensions; inner and outer worlds; relational aspects; relationship of sandplay to other modalities for expression of unconscious material.



- **Symbols and symbolic process**

The nature and role of archetypes in deep psychological work; personal and cultural associations to symbols.

- **The Mother archetype / the feminine and sandplay**

Models of Jung, Neumann, and others; characteristics, imagery, and cultural examples.

- **The Father archetype / the masculine and sandplay**

Models for understanding; personal and archetypal symbolism; cultural influences and attitudes.

- **Masculine and feminine**

Relationship to Mother and Father archetypes; models of development; neuroscience, attachment and sandplay.

- **The Child archetype**

Exploration of imagery; the different child archetypes; inner child; abandoned child; divine child.

- **The Self in sandplay, myth and fairytales**

Self as organizing principle of the psyche; manifestations in sandplay, myths, and fairytales.

SANDPLAY THERAPY

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the "free and protected space" of the therapeutic environment, these sand pictures express and mediate between clients' inner and outer worlds, and promote healing and wholeness.

Sandplay's therapeutic effectiveness in working with childhood trauma has been documented in: *Trauma Through a Child's Eyes*, Peter Levine & Maggie Kline; and in *Helping Abused and Traumatized Children*, Eiana Gil. Its use with adults is documented in: Bonnie Badenoch, *Being a Brain Wise Therapist*.



"Sandplay is a form of active imagination... Even a single sandtray can have healing power... In the Sandplay process, one can often see order emerging from the chaos"

- BRADWAY & MCCOARD

INSTRUCTORS

2025 Workshops will be taught by Maria Iosue

Olga Lipadatova may co-teach the intensive modules with Maria Iosue.

Maria Iosue

(MSW/RSW, MA Soc)

Certified Sandplay Therapist and Senior Teaching Member of CAST-ISST, and a registered social worker-psychotherapist. Currently in private practice in Toronto, she offers personal Sandplay process to therapists in training. Maria provided mental health services in an Ontario hospital to children and families, where she integrated creative therapies, including Sandplay, into her practice. She has trained and supervised on Jungian Sandplay in Canada and internationally, and has written for the *Journal of Sandplay Therapy*. Maria has also been an Instructor at Toronto Metropolitan University (aka Ryerson) in a collaborative educational program for First Nations social work practitioners. She is a past president and board member of CAST. maria@mariaiosue.ca

Olga Lipadatova

(PhD, ATR) Previously a Registered Psychotherapist with CRPO; a CAST/ISST certified Sandplay Therapist, Supervisor and Teaching Member. Olga holds a Master's degree in ART Therapy from the Creative Arts Therapies program at Concordia University, Montreal, Quebec. She is the recipient of a federal grant for her doctorate research at Concordia University with its focus on Sandplay Therapy. Since 2003, Olga worked in mental health and community organizations, and in private practice as a psychotherapist, Sandplay Therapist, and Art Therapist. She has published, presented at various national and international conferences. Olga teaches Sandplay Therapy and also provides supervision and Sandplay process to trainees in Canada and abroad. She has served on the Board of the ISST for many years and is a past president of CAST. olgalipadatova@gmail.com

REGISTRATION

Introductory Virtual Workshop Information

Workshop cost: \$400

Two 2-day workshop dates are offered:

May 25 & 26, 2025 Sunday-Monday
August 24 & 25, 2025, Sunday-Monday
9:00am – 12:00pm & 1:30pm – 4:30pm EST
Zoom Meeting Platform

Registration

Please register online at our website
www.sandplaycanada.ca, Events: Upcoming Training:
Toronto.

Payment Information

Full payment is due on registration.
Payment accepted in Canadian funds or equivalent.
Payment may be made using debit or credit, via Paypal
with your registration.
Or, you can e-transfer the CAST Treasurer at
treasurer@sandplaycanada.ca, and please indicate
payment is for **Toronto Workshop**.
Cancellations received within 14 days of the start date
may be subject to a \$50 processing fee.

Cost of remaining modules

Watch for a flyer to be posted on our website with 2025-
2026 Intensive Module dates and associated costs for
the full program.

***Running of the workshops is conditional on
sufficient registration, and will be confirmed within
14 days of the program start date.***

*"Man is completely human only when he is at play."
~ Schiller*